Dr. Daniel Griffin’s Clinical treatment summary for 12/21/2023

Clinical Course/Treatment – COVID

COVID PASSIVE VACCINATION

COVID POST-EXPOSURE PERIOD


1-Paxlovid – now licensed

2 -Remdesivir -(approved for down to 28 days of age) 3-day


4-Convalescent Plasma - an early treatment option for the treatment of immunosuppressed COVID-19 patients at high risk for progression to severe disease who have no other treatment options, first week before you end up in the hospital.


5-Isolation for the Infected: Recommended 5 days.

6- Avoid: let us not do harmful things and useless things.

COVID - – Cytokine Storm Week

1-Steroids at the right time in the right patient at the right dose. This is after the first week and in patients with oxygen saturations <94%. Dexamethasone 6mg a day x 6 days.

https://academic.oup.com/ofid/article/10/3/ofad105/7055978


3-Pulmonary support.
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4-Remdesivir if still in the first 10 days from symptom onset and not on a ventilator

5-Immune modulation: Tocilizumab, the IL6-R blocker and in some cases Baricitinib, but only if there is progression and benefits outweigh risks.

6-AVOID: unnecessary antibiotics and unproven therapies