# Dr. Daniel Griffin's Clinical treatment summary for 03/02/2023

# <u>Clinical Course/Treatment – COVID</u>

#### **PASSIVE VACCINATION**

Variants –now obsolete in much of our country

https://covid.cdc.gov/covid-data-tracker/#variant-proportions

## **COVID POST-EXPOSURE PERIOD**

https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html

COVID- Early Viral Upper Respiratory Non-hypoxic phase – https://www.covid.gov

https://www.nytimes.com/interactive/2021/us/covid-cases.html

1-Paxlovid – per EPIC-HR 89% reduction if given in the first 3 days

drug interaction checkers <a href="https://www.covid19-druginteractions.org/checker">https://www.covid19-druginteractions.org/checker</a> and <a href="https://www.idsociety.org/paxlovid">https://www.idsociety.org/paxlovid</a>

https://news.walgreens.com/press-center/news/walgreens-launches-free-paxlovid-delivery-services-with-doordash-and-uber.htm

2 -Remdesivir -(approved for down to 28 days of age) 3-day early IV

87% reduction in progression if given in first 7 days per the Pine Tree data

https://www.vekluryhcp.com/?utm\_id=iw\_sa\_11453738585\_111635246813&utm\_medium=cp\_c&utm\_term=medicine+remdesivir&gclid=CjwKCAjwj42UBhAAEiwAClhADocodyE-OQCnF5PXs6x5nuFnH230Tc-4V3iFulmtEoxHgYAY1Tr7hhoCTOoQAvD\_BwE&gclsrc=aw.ds\_https://files.constantcontact.com/17b067e5501/04046d2f-51dc-490f-89e1-edb5c535eeb6.pdf?rdr=true

### 3-Monoclonal Rx

And now with the Variants <a href="https://covid.cdc.gov/covid-data-tracker/#variant-proportions">https://covid.cdc.gov/covid-data-tracker/#variant-proportions</a>

4-Molnupiravir – Ihttps://onlinelibrary.wiley.com/doi/10.1002/jmv.28011

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5-Convalescent Plasma - a plug here for TWIV 987: Convalescing with Casadevall https://www.microbe.tv/twiv/twiv-987/

current EUA only for immunosuppressed individuals...as per the current EUA

The U.S. (FDA) has (EUA) to permit the emergency use of the unapproved product, COVID-19 convalescent plasma with high titers of anti-SARS-CoV-2 antibodies, for the treatment of COVID-19 in patients with immunosuppressive disease or receiving immunosuppressive treatment, in either the outpatient or inpatient setting.

https://www.fda.gov/media/141478/download

estimated 37% reduction in mortality in the immunocompromised based on review of trials https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2800275

discuss issue with timing of trials (same issue with MaBs <a href="https://pubmed.ncbi.nlm.nih.gov/33356051/">https://pubmed.ncbi.nlm.nih.gov/33356051/</a>, survivor corps,

6-Avoid: let us not do harmful things

- 1. No steroids
- 2. No unnecessary antibiotics
- 3. Etc.

## **COVID - Early Inflammatory Lower Respiratory Hypoxic Phase –**

1-Steroids at the right time in the right patient at the right dose. This is *after* the first week and in patients with oxygen saturations <94%. This gives us about a 17% mortality reduction <a href="https://www.nejm.org/doi/full/10.1056/nejmoa2021436">https://www.nejm.org/doi/full/10.1056/nejmoa2021436</a>

2-Anticoagulation Guidelines from a number of organizations including ASH – <a href="https://www.hematology.org/education/clinicians/guidelines-and-quality-care/clinical-practice-guidelines/venous-thromboembolism-guidelines/ash-guidelines-on-use-of-anticoagulation-in-patients-with-covid-19">https://www.hematology.org/education/clinicians/guidelines-and-quality-care/clinical-practice-guidelines/venous-thromboembolism-guidelines/ash-guidelines-on-use-of-anticoagulation-in-patients-with-covid-19">https://www.hematology.org/education/clinicians/guidelines-and-quality-care/clinical-practice-guidelines/venous-thromboembolism-guidelines/ash-guidelines-on-use-of-anticoagulation-in-patients-with-covid-19</a>

- 3-Pulmonary support.
- 4-Remdesivir if not on a ventilator and still in the first 10 days from symptom onset

5-Immune modulation: Tocilizumab, the IL6-R blocker and in some cases Baricitinib, but only if there is progression and benefits outweigh risks.

6-AVOID: unnecessary antibiotics and unproven therapies